

Best of Luck!

Good luck with whichever badges you choose to complete.

There are also more badges available so please take a look on scouts.org.uk

And remember you can contact us via email at any time if you have any questions or want to share your awesome work!

Yours in Scouting,

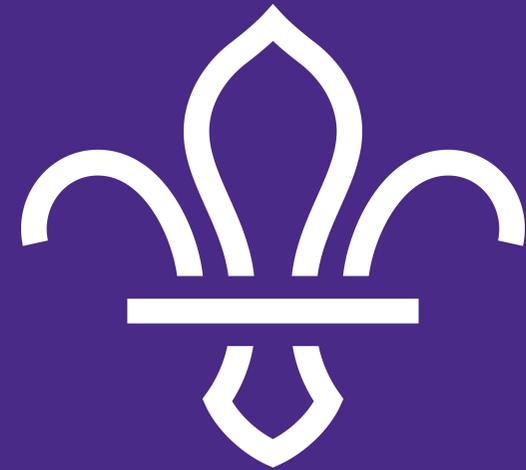
The Leaders

Contact us

Email: contact@14thwalthamstow.org.uk

Facebook: <https://www.facebook.com/14thwalthamstow/>

WhatsApp : <https://14thwalthamstow.org.uk/whatsappscouts>



Scouts Badge Workbook

If you'd like to enjoy some scouting activities at home, this booklet will give you ideas of badges that can be completed away from the Troop.

Choose the one(s) that interest you the most and complete all of the requirements listed. There will be various ways to show us you have completed your badge, it could be:

- Sending photos to us
- Worksheets
- Short videos sent to a leader of you demonstrating a new skill

Badges are flexible, and if you can show you have completed badge requirements in your own way that's great!

Please choose to complete badges that you haven't already earned with us, as unfortunately we cannot award the same event twice,

If you have really enjoyed one of your activity badges, you can earn an "Activity Plus" badge, to do this you must agree on some requirements together with your leaders for you to complete and earn an "Activity Plus" badge.

If you have any questions about completing a badge, or you're not sure about something, please ask your parent/guardian to contact us and we'll always try to help you.

Artist



1. Paint, draw or illustrate each of these:

- a scene from a story
- a person or object
- a landscape

2. Show a selection of your own recent work.

Arts Enthusiast



- 1. Choose a favourite art form or artist to take an active interest in.**
It doesn't have to be painting – it could be pop music, sculpture, theatre, architecture, break dancing or anything similar.
- 2. Describe two visits you have made that are connected to your interest.**
You can use photographs, films, recordings, concert programmes, ticket stubs, newspaper reviews or websites to illustrate your point.
- 3. Show that you know a lot about an aspect of your interest.**
You could talk about a particular piece of art, like a painting, performance, sculpture or building. Or you could discuss a particular person or historical period connected with your chosen art form.
- 4. Make a list of major events, exhibitions or venues connected with your chosen subject.**
Talk about why the items on your list are important.

Chef



- 1. Plan a menu for a weekend event for between four and six people.**
Include the quantities you'll need and any dietary needs of the group for cultural, religious or medical reasons.
- 2. Show how and where to shop for the food and the best way to transport it.**
- 3. Show how to store food properly, hygienically and in ways that prevent food poisoning.**
Explain what you might need to consider if you're using an indoor kitchen or a camp kitchen.
- 4. Cook and serve at least one of the meals from your menu.**
The meal must be at least two courses and can be prepared on an open fire on camp or in a kitchen.
- 5. Demonstrate the best way to clear up afterwards.**
Clearing up should include washing up utensils, pots and pans, disposing of rubbish and leftover food in a way that prevents vermin or disease.

DIY



1. Show you can work safely and know about the following:

- a. hazard symbols and signs (for dangers such as toxic, flammable, irritant, electrical danger or slippery surface)
- b. safety equipment (such as goggles, gloves, masks, ear defenders)
- c. how and where to turn off mains supplies (such as water, electricity and gas) to the house.

2. Learn how to safely isolate individual electrical circuits at the consumer unit.

This includes letting other users know that work is being carried out

3. Show or explain how you would deal with four DIY emergencies.

For example:

- unblocking a sink
- adjusting the float arm of a cistern
- changing a lightbulb
- hinge a door back in place
- fixing a doorbell ringer
- repairing a tear in clothes or upholstery
- removing common stains eg ink, wine, and coffee

4. Take an active part in two major DIY projects, indoors or outside.

You could:

- prepare and paint, paper or tile the walls of a room
- prepare and paint woodwork or furniture
- fit a curtain track and hang curtains
- hang a door and fit or repair locks and other door furniture

5. Alternatively, you could do any other projects of a similar skill level.

Agree what you'll do with an adult who is skilled in the relevant areas.

Global Issues



1. Identify where your clothing or other belongings have been made.

With other Scouts, talk about why companies might choose to have the items made in other countries. What are the advantages and disadvantages of overseas production?

2. Investigate a recent natural disaster by looking at photos, news articles or videos online.

Decide in small groups what five things were needed to help people after the disaster. Decide as a Troop how best you can help when a natural disaster happens.

3. Find out about an international sporting event and discuss with your Troop how sporting events can contribute to international peace and understanding.

4. Learn about an international health issue and use a creative way to share what you have learnt with your Troop.

Issues could include Malaria, Ebola, HIV and Aids.

5. Think about the rights that we have in the UK (like the right to vote, the right to go to school and equal gender rights).

Compare these with the rights a Scout in another country might have.

Hobbies



1. Option 1:

- a. Take up a hobby or interest that you do not already have an activity badge for.
- b. Keep a record of your hobby for at least four months.

2. Option 2:

- a. Make a collection or study of objects for at least four months.
You could collect books or magazines, films, cards, key rings, figurines or similar.
- b. Talk to your Patrol Leader or your Troop about the collection or study you chose.

Explain why you chose your objects and what you like about them.

Model Making



- 1. Choose one of these activities:**
 - Build a model using a plastic or white metal kit or pre-cast figures.
 - Design and construct a model from a wood, plastic or metal construction set, such as Lego or Meccano.
- 2. Show that you know the different types of kits or parts available in the material you chose.**
- 3. Talk about the experience of building the model with a knowledgeable adult.**

Physical Recreation



- 1. Regularly take part in an active sport or physical pursuit, which you haven't already gained an activity badge for.**

It could be a team game like rugby, football or water polo.
Individual sports like tennis, running or gymnastics count too, so do pursuits like walking, yoga, ice skating or dancing.
- 2. Show a reasonable level of skill in your sport or pursuit.**

Show how you've improved over time.
- 3. Explain the rules or guidelines that govern the sport or pursuit you chose.**
- 4. Show how you would prepare before taking part in your sport or pursuit.**

You could run through any special equipment or clothes you need and any warm-up and warm-down routines.
- 5. Explain how to care for the equipment you use.**

Explain what you should look out for when the equipment is nearing the end of its life.

Writer



Complete four of the following:

1. **Compose a poem of at least eight lines.**
Discuss its meaning and construction.
2. **Create a short story of around 600 words.**
Talk about your story idea with an appropriate adult beforehand.
3. **Write a descriptive passage of around 600 words on a subject, agreed with an appropriate adult beforehand.**
4. **Write a 600-word review of a favourite book, play or other work of literature and talk about it with an appropriate adult.**
5. **Produce a published article of around 600 words in length.**
You could contribute to a school, faith, community or Scout magazine or write a letter to a local paper.
6. **Keep a diary on a subject, for a length of time agreed with an appropriate adult beforehand.**
7. **Write a play or dramatic sketch lasting at least 10 minutes.**
8. **Interview a local celebrity, or other notable person.**
Write or type out the interview to show the questions you asked and the interviewee's replies.
9. **Write a letter to a pen pal (real or imaginary) of at least 600 words.**